

James 2: 14-24, 26

Mark 8:34 9:1

Today's Reading and Gospel both give us lessons about Faith in our lives.

Basically, Faith is following the way of Jesus. What is this Way? Certainly, Paul and Mark spell out clearly what is needed. But, if you would like a summary, may I suggest you read today's Responsorial Psalm below for the answer. It is just a case of writing in the name, 'Jesus,' as an alternative to the words, 'the man.' And the name, 'God,' where applicable.

**Happy JESUS who takes delight in following the commands of GOD, (His Father).**

Happy JESUS who fears GOD,  
who takes delight in GOD'S commands.  
JESUS' sons will be powerful on earth;  
the children of the upright are blessed.

Riches and wealth are in JESUS' house;  
Jesus' justice stands firm for ever.  
Jesus is a light in the darkness for the upright:  
Jesus is generous, merciful and just.

Jesus takes pity and lends;  
he conducts his affairs with honour.  
Jesus will never waiver:  
he will be remembered for ever.

This is the 'Way' that Jesus showed us in his life on earth, and it is the Way he asks us, in his strength, to try to follow too!