

TRINITY SUNDAY

Prov. 8: 22-31, Rom. 5: 1-5, Matthew 16: 12-15

Today the Church celebrates the **“Solemnity of the Most Holy Trinity”**

NB: The “Blessed Trinity” is a central Christian doctrine.

As a young boy growing up by my village Church I was quickly and frequently told that we shouldn’t try to understand the Trinity because it’s a **“mystery.”**

- I am sure that many of you from your catechism classes are no different from what I was taught.

Q: Why on earth should we be led to think that a mystery is something we should not even attempt to understand?

Q: Why on earth should we lead others to feel bad with regard to probing questions about mysteries?

I would rather see *a mystery* not as ‘something you cannot understand’;

- ❖ but rather as something **you can *endlessly* understand!**
- ❖ By this I mean to say that at no point can you say of a mystery, **“I’ve got it!”** or **“I have understood it!”**

In fact, when you think you have understood it there is more needing understanding.

It means that a mystery is not just a dead truth!

Always and forever, a mystery **‘just gets you!’**

- ❖ **NB:** Much the same as ‘you can’t hold God in your pocket, on the contrary God just gets holds of you endlessly.
- ❖ **He endlessly** knows you and understands your deepest identity.

Let us now begin that journey to understand the mystery of the Trinity:

What you and me believe in is **“one God three persons”**

- the Father,
- the Son and
- the Holy Spirit.

We see in this belief that relationship is at the very centre of God’s own nature.

THE PRINCIPLE OF WHO GOD IS

Whatever is going on in God is *a flow, a radical relatedness and a perfect communion* between Three—a **circle dance of love**.

- ❖ God is Absolute Friendship!

Such being the case, if humanity was created in **“the image and likeness of God”** as we read in Genesis 1:26-27),

Q: What does this say to us?

- ❖ It surely must be saying that **relationship (which is the life of God) is ingrained in human nature**.
- **le:** If God is absolute Friendship man is meant to be.

Q: Is it any surprise then that we, who are created in the image and likeness of God are so **‘hardwired for relationship?’**

The term **‘Hardwired for relationship’** is the right expression, because after birth, a baby who is given **food** and **shelter** but does not receive **loving human interaction** will come out wrong and fail to develop normally.

Provision of that loving human interaction is the biggest challenge for us today.

Trinity is all about **relationship** and **connectedness**

- No doubt that the greatest disease facing humanity right now is our **profound** and **painful** sense of *disconnection*. We feel disconnected **from God**, certainly, but also **from ourselves** (especially our bodies), **from each other**, and **from our world**.

In our world where so much revolves around **transactions**, we need **time in relationships** where we simply enjoy the other.

Being Father’s Day today, fathers are called for time in relationship with their family

- ❖ Children, husbands, wives (FAMILY) all need time in relationship. UK SURVEY states that 4 in 10 fathers don’t see their kids on Father’s Day. There something wrong in the air

On the feast of the Holy Trinity let us rededicate ourselves to living out these relationships in joy, love and truth.