

THURSDAY, FIRST WEEK IN ADVENT

Matthew 7: 21-27

BUILDING YOUR HOUSE ON ROCK:

What did Jesus mean when he instructed us to build our house on the rock?

Our Lord presents the building our house on rock as an opposite of building our house on sand.

The “houses” in this narrative are nothing else apart from people’s lives. The thought behind is that nobody else can build our life for us. It is we who must choose what kind of foundations we will use – the shifting sands or the solid rock. Build your house on the sand means our thoughts are built on the worries and concerns of this world. These are the everyday distractions and fears that prevent us from trusting in our Lord and Saviour. These toxic thoughts are the doubts that sneak in, the anxieties that need to be released. Our lives are a construction of what goes on in our minds. We could relate this to what Our Lord was alluding to at a different time when he called he challenged his followers that what goes into a man’s mouth does not make him unclean but what comes out his mouth is what makes him unclean. Building our lives has something to do with choosing our thoughts. We have to learn to identify the toxic ones and dismiss them, always measuring our thoughts against the word of God. If the houses in the passage represent our lives, then scripture makes clear what the rock is: “The Lord is my rock, and my fortress”.

Lord, grant that I may build my life securely on your unchanging, immutable Word, that no storm can shake, no floods overwhelm, no vicissitudes destroy.