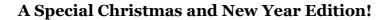


# St. Joseph's Family Activities

# The 12 days of Christmas Year A

stjoe.fam.activities@gmail.com

https://www.theannunciation.org.uk/resources/



Christmas begins on the evening of the 24<sup>th</sup> December and ends... some say with Epiphany, some say with the Baptism of the Lord (Sunday after Epiphany). "Ordinary time" begins on the Monday after the Baptism of the Lord, however I like to keep my crib up until the Presentation in the Temple, after all, if I take it down in early January, the wise men have only just arrived!

The Christmas song "Twelve days of Christmas" has a long and uncertain history, but contrary to popular belief it did not originate as a secret code during the Reformation for Catholics to pass on the Good News of Jesus Christ. That said, we can still use these associations to for reflection and discussion as they will remind people about the deeper meaning of Christmas and our salvation in Christ.

Each day there is a reflection and a picture to complete and cut out. They could be assembled on a string or stuck in a book. Please send me any photos if you have done this.

Where the day is a feast day (and there are a lot) I have included something from the liturgy, otherwise I have just focussed on the religious meaning of each of the days.

This edition extends to cover the Baptism of the Lord on 8<sup>th</sup> January.

There are Four Dimensions of our Faith, and the activities all reflect one or more of each of these dimensions.



Tapestry in the Vatican museums of the adoration of the Magi, from an original cartoon by Raphael. Note that the wise man is kissing Jesus' foot – taking His flesh to his lips. This is indicative of Holy Communion when we, like the wise men, worship Jesus Christ and take Him to our lips.

The family is the "domestic Church." These resources were originally designed with families in mind during the Covid "Lockdowns" but now they are used by parishes and schools as well as families.

Whenever and wherever these resources are used, allow the Holy Spirit to take charge, let Him guide thoughts and prayers. Always begin with the Sign of the Cross as that of course is entering into the presence of God who is Father, Son and Holy Spirit.

Speaking/Learning the faith (which the Church calls "professing the faith")

Celebrating it in the Liturgy and the Sacraments

Living it (in Christ) - i.e. the choices we make in everyday life

Christian prayer.

# **Gospel for Christmas**

Gospel

Luke 2:1-14

#### 'In the town of David a saviour has been born to you'

Caesar Augustus issued a decree for a census of the whole world to be taken. This census – the first – took place while Quirinius was governor of Syria, and everyone went to his own town to be registered. So Joseph set out from the town of Nazareth in Galilee and travelled up to Judaea, to the town of David called Bethlehem, since he was of David's House and line, in order to be registered together with Mary, his betrothed, who was with child. While they were there the time came for her to have her child, and she gave birth to a son, her first born. She wrapped him in swaddling clothes, and laid him in a manger because there was no room for them at the inn.

In the countryside close by there were shepherds who lived in the fields and took it in turns to watch their flocks during the night. The angel of the Lord appeared to them and the glory of the Lord shone round them. They were terrified, but the angel said, 'Do not be afraid. Listen, I bring you news of great joy, a joy to be shared by the whole people. Today in the town of David a saviour has been born to you; he is Christ the Lord. And here is a sign for you: you will find a baby wrapped in swaddling clothes and lying in a manger.' And suddenly with the angel there was a great throng of the heavenly host, praising God and singing:

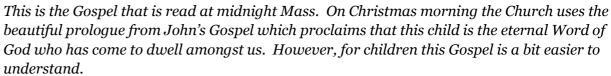
'Glory to God in the highest heaven, and peace to men who enjoy his favour.'

The Gospel of the Lord R/: **Praise to you Lord Jesus Christ** 

# 25th December, the First Day of Christmas

#### **Discussion on the Gospel**

- Light Your Christmas candle
- → Make the Sign of the Cross
- ♥ Someone read the Gospel slowly



Q: Who was in the countryside near to Bethlehem? (A. Shepherds.)

Q: Who appeared to them? (A. The Angle of the Lord.)

**Q: What did the angel say?** (A: He brought news of great joy/do not be afraid...etc.)

Q: The angel refers to Jesus as "a Saviour who is Christ the Lord". Why is Jesus called a Saviour? (A: Because when Jesus died on the Cross, He saved us from our sins.)

**Q:** What does it mean, that Jesus "saved us from our sins"? (A: We have all sinned [done bad things] and so because of that, we wouldn't be able to go to heaven, but Jesus died on the cross and so we can go to heaven.)

Q: Traditional Christmas cards often have indications that Jesus is born to save us, or that He is God who is born for us. See if you can see any of these things in the cards in your home:

*Cross-shapes – look at the stable structure or is the star cross-shaped?* 

Halos – these show that the people portrayed are now saints – often Jesus will have a halo with a red cross in it.

Jesus is wrapped in a white cloth – reminds us both of the Gospel story of today and the white cloth He was wrapped in for his burial after His death.

Worshipping – do people in the scene kneel before baby Jesus; Mary, Joseph, shepherds, the wise men...

Finish by singing "O come all ye faithful" or just the chorus, "O come let us adore Him!"



### 1st Day of Christmas, a Partridge in a Pear Tree

On the first day of Christmas my true love gave to me, A partridge in a pear tree.

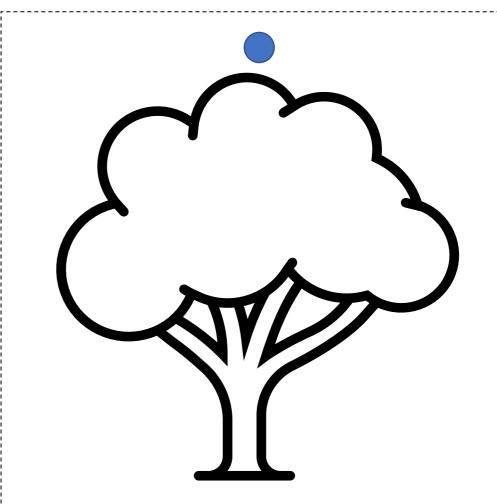
1. The one Jesus Christ (who was to die on a tree/cross).

Our heavenly Father is our true love as He created us out of love so that we might know and love Him and live with Him in perfect communion and love for all eternity.

We try to find satisfaction in so many ways, but only God will fully satisfy us. It's as if we are created with a "Godshaped" hole in us and we try to fill it with all sorts of wonderful things, such as church, family, work, hobbies, shopping.... St. Augustine, who was a saint in the  $4^{th}$  and  $5^{th}$  centuries tried to find happiness in all sorts of different ways, but finally he realised that only God would make Him perfectly happy. He said, "Our hearts are restless until they rest in you" (Confessions).

The Father, our true love, has given us one very special and important gift - His own Son. So, the number 1 represents Jesus Christ, the eternal Son of God and most precious gift we can ever receive from our loving Father, our true love.

Draw Jesus standing beside this tree. Maybe you can put a partridge and some pears in the tree).



Dear Heavenly Father, thank you for giving us your beloved Son, Jesus Christ at Christmas. May His Holy Spirit pour into our hearts so that we can love you as much as you love us. Amen

#### First reading: Acts 6:8-10,7:54-59 The martyrdom of Stephen

Feast of St. Stephen

Stephen was filled with grace and power and began to work miracles and great signs among the people. But then certain people came forward to debate with Stephen, some from Cyrene and Alexandria who were members of the synagogue called the Synagogue of Freedmen, and others from Cilicia and Asia. They found they could not get the better of him because of his wisdom, and because it was the Spirit that prompted what he said. They were infuriated when they heard this, and ground their teeth at him.

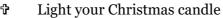
But Stephen, filled with the Holy Spirit, gazed into heaven and saw the glory of God, and Jesus standing at God's right hand. 'I can see heaven thrown open' he said 'and the Son of Man standing at the right hand of God.' At this all the members of the council shouted out and stopped their ears with their hands; then they all rushed at him, sent him out of the city and stoned him. The witnesses put down their clothes at the feet of a young man called Saul. As they were stoning him, Stephen said in invocation, 'Lord Jesus, receive my spirit.'

The Word of the Lord

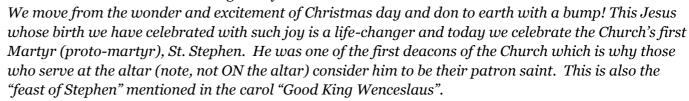
R/: Thanks be to God

## 26th December, The 2nd Day of Christmas

#### **Discussion on the Reading**



- → Make the Sign of the Cross
- **♣** Someone read the reading slowly



Q: What was Stephen filled with? (A: Grace and power.)

Q: Who had filled Stephen with this grace, power and wisdom? (A: The Holy Spirit.)

**Q:** What was the reaction of the other people? (A: They were not happy and "ground their teeth at him".)

The reading misses out on some of the facts here – Stephen was tried in a court and refused to give up his faith in Jesus, so he was taken out of Jerusalem and stoned – that means they threw stones at him until he died.

**Q:** What did Stephen see? (A: The glory of God in heaven and Jesus with God the Father.)

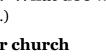
Q: When the angels appeared to the shepherds just after He was born they sang "glory to God in the highest." Where have you heard these words? (A: In the Gloria at Mass and in a lot of Christmas carols.)

**Q: Where is Jesus now?** (A: In heaven, but also in our churches in the Eucharist and in fact wherever we are as His Body on earth".)

Q: When we go into Catholic churches there is a box with a candle burning near by. This is the tabernacle, and it is where the Blessed Sacrament is kept. What doe we do when we see the tabernacle? (A: Genuflect and make the Sign of the Cross.)

Q: Our church buildings are like "mini-heavens." What else is in our church building that reminds us of heaven? (A: Open.)

Finish by singing a carol which includes the word "glory".



### 2<sup>nd</sup> Day of Christmas, Two Turtle Doves

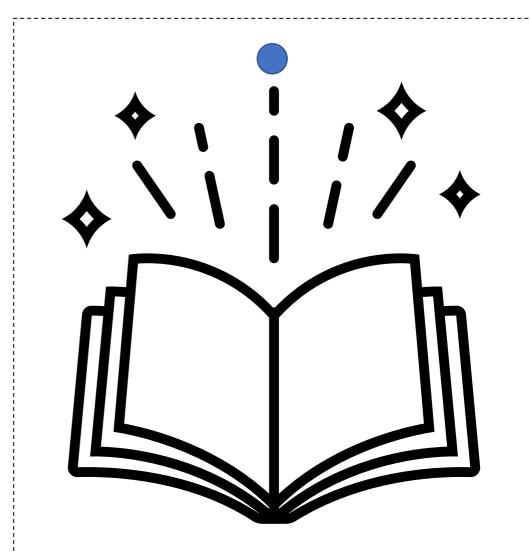
On the Second day of Christmas my true love gave to me, Two turtle doves...

#### 2. The Two Testaments of the Bible

Our heavenly Father Has given us a beautiful love letter! In the Old Testament He has revealed to us that He is God who created us and that when we sinned, He promised to send His Son to restore us to Him. In the New Testament that promise is realised and comes true in the birth, teaching, Passion, death, Resurrection and Ascension of Jesus Christ.

The Bible can be confusing and sometimes we read things that upset us, and we wonder why God acts in such strange ways. If you have the chance to read the Bible all the way through, you will see that God in fact teaches parents how to be parents. Parents sometimes must tell children off and punish them when they are naughty, and this is what God does with His children, the people of Israel.

In the open Bible write a sentence that you like from each of the Testaments. Put your Old Testament quote on the left and the New Testament quote on the right. Don't forget the Psalms in the Old Testament, they have many beautiful and loving lines and prayers.



"The One same Word of God reaches through the whole of the Bible"

(St. Augustine).

# Feast of St. John the Evangelist

Gospel

John 20:2-8

On the first day of the week Mary of Magdala came running to Simon Peter and the other disciple, the one Jesus loved. 'They have taken the Lord out of the tomb' she said 'and we don't know where they have put him.'

So Peter set out with the other disciple to go to the tomb. They ran together, but the other disciple, running faster than Peter, reached the tomb first; he bent down and saw the linen cloths lying on the ground, but did not go in. Simon Peter who was following now came up, went right into the tomb, saw the linen cloths on the ground, and also the cloth that had been over his head; this was not with the linen cloths but rolled up in a place by itself. Then the other disciple who had reached the tomb first also went in; he saw and he believed.

The Gospel of the Lord

R/: Praise to you Lord Jesus Christ

## 27th December, the 3rd day of Christmas

#### **Discussion on the Gospel**

- Light Your Christmas candle
- → Make the Sign of the Cross
- ♥ Someone read the Gospel slowly



Today we celebrate the feast of St. John the Evangelist – the writer of the "fourth Gospel". He does not name himself but refers to Himself as the "beloved disciple" or "the other disciple". He was probably the youngest of all the disciples and traditionally He was the only disciple who was not martyred, living a long life, writing His Gospel much later than the other three. He alone stood at the foot of the cross with Mary, when all the other disciples ran away. His long life is seen as a reward for his faithfulness then. Today's reading is suddenly taking us to Easter... why? Well, this is the moment that St. John finally really and truly believed that Jesus is the Christ who died and rose again. It's His moment of conversion, so to speak.

Q: What did St. Mary Magdalene say to Simon Peter and the other disciple (St. John)? (A: That Jesus' body had been stolen....)

Q: What did St. Peter and St. John do? (A: Ran to the tomb.)

**Q:** What did St. John do when He arrived? (A: Saw the linen cloths lying on the ground but did not go in.)

Q: What did St. Peter do when He arrived? (A: Went into the tomb.)

**Q:** What happened when St. John went into the tomb? (A: He suddenly believed that Jesus had risen from the dead.)

Q: St. John believed and so did St. Peter - what did they do after Jesus went up into heaven (after the Ascension)? (A: They went around telling people about Jesus and that is how we know about Him.)

Q: Today is the third day of Christmas and we can think about the three theological virtues, faith hope and love. How did St. John display these virtues?

(A: Various, e.g. Faith; He stayed with Jesus, he believed when he went into the tomb, he write his Gospel so that we might believe... Hope; He hoped in the Resurrection, He hoped that we would love Jesus as much as He does... Love; He loved Jesus enough to stay beside Him at the foot of the cross, He was called the beloved disciple because of this.)

### 3<sup>rd</sup> Day of Christmas, Three French Hens

# On the Third day of Christmas my true love gave to me, Three French Hens...

### 3. The gift of the Three Theological Virtues

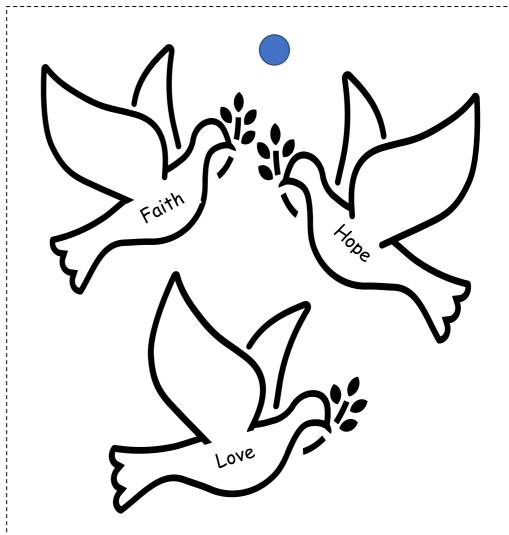
At our Baptism we are given three very special gifts to help us to grow closer to Jesus who leads us to His Father by the grace of the Holy Spirit. They are called the "theological" gifts of faith, hope and love. "Theological" means that they come from God. These gifts will grow stronger with practice!

Faith - This word means both what we believe (that Jesus Christ came to lead us to His Father) and the act of believing. We can grow in faith each day just by saying "Jesus I believe, help me to believe more and more."

Hope - this special gift is not about hoping that our favourite football team will win but hoping in God - hoping that we will spend Eternal Life with Him in heaven. Hope gives us courage in difficult times.

Love - this is the most important gift as God is love and all love in the world comes from Him. He created us because He loves us. Love is about wanting the best for everyone, even if we don't like them!

As you colour in the doves, ask the Holy Spirit to help you to grow in each of these virtues.



"Faith, hope and love abide... but the greatest of these is love"

(St Paul, I Corinthians 13:13).

T 12 Ways Oncinistitias 2022 feat 247. I 😉 Calut Ann Marifelf 2022 T

# Feast of the massacre of the Holy Innocents

#### Matthew 2:13-18

After the wise men had left, the angel of the Lord appeared to Joseph in a dream and said, 'Get up, take the child and his mother with you, and escape into Egypt, and stay there until I tell you, because Herod intends to search for the child and do away with him.' So Joseph got up and, taking the child and his mother with him, left that night for Egypt, where he stayed until Herod was dead. This was to fulfil what the Lord had spoken through the prophet:

I called my son out of Egypt.

Herod was furious when he realised that he had been outwitted by the wise men, and in Bethlehem and its surrounding district he had all the male children killed who were two years old or under, reckoning by the date he had been careful to ask the wise men. It was then that the words spoken through the prophet Jeremiah were fulfilled:

A voice was heard in Ramah, sobbing and loudly lamenting: it was Rachel weeping for her children, refusing to be comforted because they were no more.

The Gospel of the Lord

R/: Praise to you Lord Jesus Christ

# 28th December, 4th Day of Christmas

#### **Discussion on the Gospel**

- ☆ Light your Christmas candle
- → Make the Sign of the Cross
- ♥ Someone read the Gospel slowly



Today is a hard day, especially for those who have lost young children for any reason. As parents it can be incomprehensible to understand how people can deliberately kill innocent babies, as we love our children so much. However today is a day when we as adults and older children can reflect on all the innocent babies who have been killed in the womb through abortion. With young children the discussion is on God's plan for us and that He will help us when life is challenging.

Q: What did the angel tell St. Joseph to do? (A: To take Mary and Jesus to Egypt....)

**Q:** Why did Joseph have to do this? (A: Because King Herod wanted to kill [do away with] Jesus.)

Q: As God the Father planned for Jesus to come and die on the Cross, was King Herod going to be able to stop God's plans? (A: No.)

Q: God has a plan for each one of us. He looked after Jesus and His family, so when we are afraid, we need to remember that He will look after us too.

What can we do when we are afraid? (A: We can ask the Holy Spirit to help and guide us. We can also ask St. Joseph to protect us as he protected Mary and baby Jesus.)

Let's now ask Mary, who trusted in the Father's plans for Jesus, to pray for us so that we can be the people God has created us to be:

Hail Mary.....



http://www.biblekids.eu/new testament/Flight into Egypt/flight into egypt index.html

# 4<sup>th</sup> Day of Christmas, Four Calling Birds

# On the Fourth day of Christmas my true love gave to me, Four Calling birds...

#### 4. The Gift of the Four Evangelists

The four evangelists (Gospel writers) are Matthew, Mark, Luke and John. Matthew, Mark, and Luke's Gospels are very similar and often tell the same stories with subtle differences because they are writing for different audiences.

Each of the evangelists have been given their own symbol of a winged creature - instead of being "calling birds" they are "calling beasts":

- **St. Matthew:** A divine man as he teaches about Jesus in His human nature and gives us His genealogy from Abraham.
- **St. Mark:** A winged lion as his Gospel begins with the words "a voice on one crying in the desert" which sounds like the roar of a lion.
- **St. Luke:** A winged ox as he focuses on Jesus' sacrifice in more detail, and as his Gospel begins in the temple, where sacrifices took place.
- **St. John**: A winged eagle, as his writing leads us up into the mysteries of heaven itself.

Write the name of the evangelist under each of the pictures and colour them in.









A prayer for bedtime: Matthew, Mark, Luke, and John, Bless the bed that I lie on.

# 29th December 5th Day of Christmas

# Feast of St. Thomas Becket, bishop and Martyr

#### **Collect (opening prayer)**

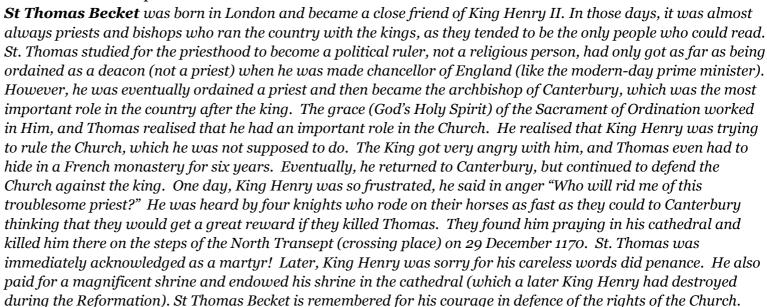
Today, let us reflect on the collect, which it the opening prayer at Mass which the priest prays after we have said the "I Confess".

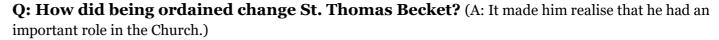
It is easy not to pay attention to these prayers, they are so quick but they are beautiful prayers and are there to help us enter into the theme of the Mass.

O God, who gave the Martyr Saint Thomas Becket the courage to give up his life for the sake of justice, grant, through his intercession. that, renouncing our life for the sake of Christ in this world. we may find it in heaven. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

#### **Discussion on St Thomas**

- ♣ Light your Christmas candle
- → Make the Sign of the Cross
- Read the explanation below and then the Collect.





Q: Why was St. Thomas killed? (A: Because King Henry said that he wanted to get rid of him.)

Q: What were the careless words of King Henry? (A: Who will rid me of this troublesome priest?)

Q: Let's think about the careless things we say – what kind of things might we say without thinking ghat can hurt people? (A: Open – but talking about people behind their back, saying rude thigs that we don't mean.)

Q: The collect refers to "intercession". What does that mean? (A: Praying for someone.)

Let us now ask St Thomas to pray for us that we can be brave and will stand up for Jesus in front of other people.



## 5<sup>th</sup> Day of Christmas, Five Gold Rings

# On the Fifth day of Christmas my true love gave to me, Five Gold Rings...

#### 5. The Gift of the first five books of the Bible

The first five books of the Bible are called the "Pentateuch." They are truly a "golden" gift as they are the foundation of our faith and also of course, of the faith of the Jews.

Genesis: God's gift to us of His creation and our first parents' disobedience, Noah, the call of Abraham, our Father in faith, Isaac, and Jacob and how the chosen people ended up in Egypt.

**Exodus:** God's gift of freedom from slavery in Egypt, the gift of the Ten Commandments and manna in the desert.

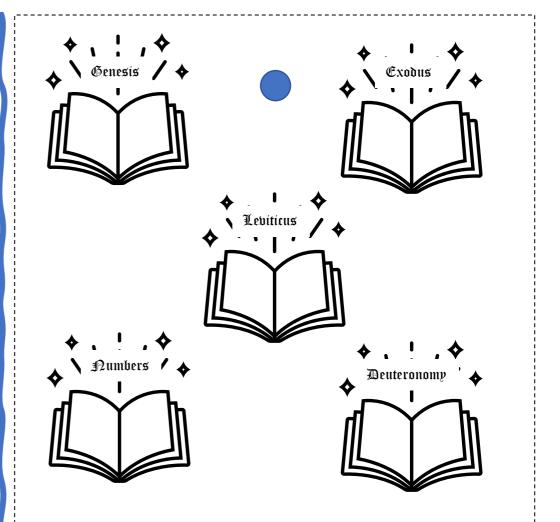
**Leviticus:** God's gift of the Law which was fulfilled in Jesus' teaching.

**Numbers:** God's gift of forming His people as a community, teaching them to worship Him and live together peacefully.

**Deuteronomy:** God's gift of preparing His people to conquer the Promised Land. In particular we can read this book as a preparation for life in our Promised Land, Heaven.

Find a sentence from each of these different five books of the Bible and write them under the pictures of the books here.

Say this prayer at the end of the day together from the book of numbers.



"The Lord bless you and keep you, the Lord to make His face to shine upon you, and be gracious to you, the Lord lift up His countenance upon you and give you peace"

(Numbers 6:24-26).

# 30th December, 6th day of Christmas

#### **Feast of the Holy Family**

#### Matthew 2:13-15,19-23

After the wise men had left, the angel of the Lord appeared to Joseph in a dream and said, 'Get up, take the child and his mother with you, and escape into Egypt, and stay there until I tell you, because Herod intends to search for the child and do away with him.' So Joseph got up and, taking the child and his mother with him, left that night for Egypt, where he stayed until Herod was dead. This was to fulfil what the Lord had spoken through the prophet:

I called my son out of Egypt.

After Herod's death, the angel of the Lord appeared in a dream to Joseph in Egypt and said, 'Get up, take the child and his mother with you and go back to the land of Israel, for those who wanted to kill the child are dead.' So Joseph got up and, taking the child and his mother with him, went back to the land of Israel. But when he learnt that Archelaus had succeeded his father Herod as ruler of Judaea he was afraid to go there, and being warned in a dream he left for the region of Galilee. There he settled in a town called Nazareth. In this way the words spoken through the prophets were to be fulfilled:

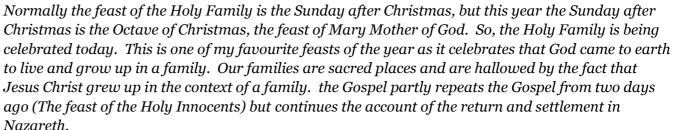
'He will be called a Nazarene.'

The Gospel of the Lord

R/: Praise to you Lord Jesus Christ

#### **Discussion on the Gospel**

- ♣ Light your Christmas candle
- → Make the Sign of the Cross
- ♣ Someone read the Gospel slowly



Q: Where did Jesus' parents take Him? (A: To Egypt.)

Q: Why did they do that? (A: They were warned that King Herod wanted to kill Jesus.)

Q: Where did they live after coming back from Egypt? (A: Nazareth.)

Q: Today there are lots of people trying to escape from danger in their own country. What examples do you know about? (A: Ukrainian refugees is the most obvious answer but there are other examples.)

Q: Imagine having to move from your own home to a new country, what would you miss most? (A: Open.)

Q: What could we as a family do to support those who are refugees? (A: Open....)

Q: The family is the "Domestic Church" which means that it's the Body of Christ in the home. As a family we can grow closer to one another and to Jesus when we read the Bible, pray, and do things together. How can we celebrate our family this coming weekend? (Open.)

Pray the Our Father together as a family, recognising that we also belong to the whole family of God.



## 6th Day of Christmas, Six Geese a-laying

# On the Sixth day of Christmas my true love gave to me, Six Geese a-laying...

#### 6. The Gift of the Six Days of Creation

Today we focus on the truly wonderful gift of creation. Eggs are a sign of the gift of life which comes from God. The creation story shows us that all creation comes from God, whether it took 6 days or millions of years, and we are reminded that it needs looking after! God gives us each of these things by saying "let there be..."

Day 1: God gives us light; He separated light from darkness and called it day and night; and it was good.

Day 2: God gives us heaven above the earth, and it was good.

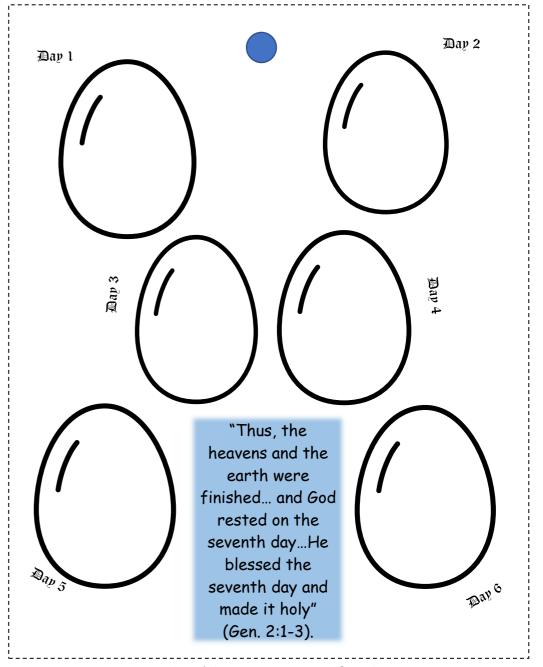
Day 3: God gives us the earth and the seas. On the earth God caused the plants and trees to grow and bear fruit; and it was good.

Day 4: God gives us the sun, moon, and stars in the heavens; and it was good.

Day 5: God gives all the creatures in the seas, in the air and on the land; and it was good.

Day 6: God said, "Let us make man in our image... so God created man... male and female He created them" (Gen. 1:26-27). God has given us the precious gift of life. And it was very good.

Draw a picture to reflect each of the days, in each of the eggs.



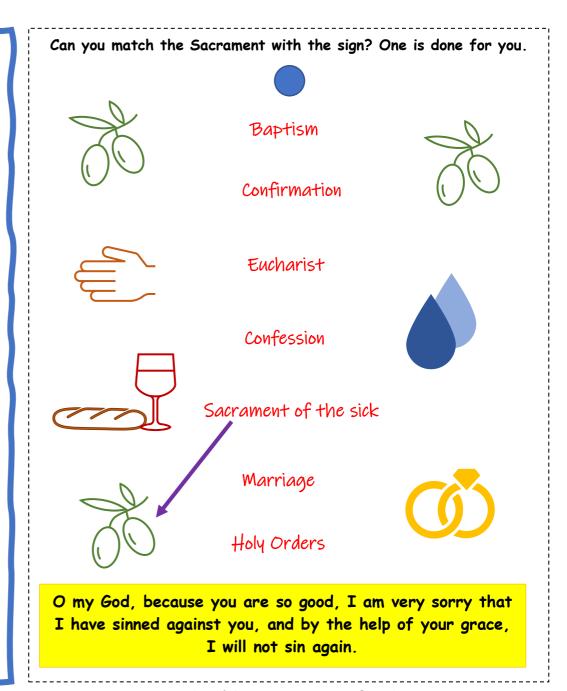
# 31st December; 7th Day of Christmas, Seven Swans-a-swimming

On the Seventh day of Christmas my true love gave to me, Seven Swans-a-swimming...

#### 7. The Gift of the Seven Sacraments

The sacraments are the most precious gifts of Our Lord Jesus Christ we have. Jesus is truly present in them, working among us as He did when He was on earth with His disciples. Sacraments each have signs and words. Let's think about the signs here.

- 1. Baptism: We are washed clean of original sin in water and are joined to God who is Father, Son and Holy Spirit, and His Church.
- 2. Confirmation: The gifts of the Holy Spirit which we receive by anointing with oil, (made from olives), strengthen us to go out and tell other people about Jesus.
- 3. Eucharist: The bread and wine become Jesus' Body and Blood here for us at Mass.
- **4**. **Confession**: The priest raises his hand and absolves us (forgives us) our sins on Jesus' behalf.
- 5. Sacrament of the sick: Through an anointing with oil, Jesus strengthens the sick and helps them to be strong in their illness.
- 6. Marriage: The spouses freely agree to be married rings are exchanged and Jesus unites them to one another as sign of His love for His Church.
- **4.** Ordination: The Bishop anoints the hands with oil and gives the man the power to celebrate Holy Mass and hear confessions.



# 1st January; 8th Day of Christmas, the Solemnity of Mary, Mother of God

#### Solemnity of Mary the Mother of God

#### Luke 2:16-21

The shepherds hurried to Bethlehem and found the baby lying in the manger

The shepherds hurried away to Bethlehem and found Mary and Joseph, and the baby lying in the manger. When they saw the child they repeated what they had been told about him, and everyone who heard it was astonished at what the shepherds had to say. As for Mary, she treasured all these things and pondered them in her heart. And the shepherds went back glorifying and praising God for all they had heard and seen; it was exactly as they had been told.

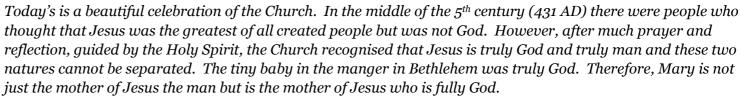
When the eighth day came and the child was to be circumcised, they gave him the name Jesus, the name the angel had given him before his conception.

The Gospel of the Lord,

R/: Praise to you Lord Jesus Christ.

#### Discussion on Mary, Mother of God.

- H Light your Christmas candle
- → Make the Sign of the Cross
- Read the explanation below and then read the Gospel from today's Mass.



By recognising Mary as the Mother of God, the Church is honouring her Divine (Godly) Son as well as honouring Mary. We do not worship Mary – only God can be worshipped. That is why in traditional paintings of the nativity, Mary, Joseph, and the visitors are seen to be worshipping the Christ-child.

Because Jesus is truly man as well as truly God, it means that He is completely human like us, (in all ways except for sin). Because Jesus is both man and God, He unites (joins) humanity to God. Therefore, He can unite us to His Father. These mysteries of the faith are not there to "be solved" but like Mary, who pondered on these things, we too are invited to do just that.

**Q: Who came to visit the Holy Family?** (A: The shepherds.)

**Q: What did Mary do?** (A: She treasured these things and pondered them in her heart.)

Q: What does "ponder" mean? (A: To think about.)

Q: So Mary, who gave birth to Jesus who is both God and man at the same time, had to think about these things and work them out. It's no wonder that we can be puzzled sometimes. But we can do some pondering too. Today is the 8<sup>th</sup> day of Christmas and that reminds us of the 8 Beatitudes. Let's ponder on how the Beatitudes describe Jesus who is fully God and fully man. Colour in the words on the next page from the Beatitudes that describe Jesus. As you do, think about times in the Gospels where we read about Jesus being poor, persecuted, etc.

Finish by praying the "Hail Mary" where we address her as "Mother of God"



# 8<sup>th</sup> Day of Christmas; Eight Maids-a- milking

On the Eighth day of Christmas my true love gave to me, Eight Maids-a-milking...

### 8. The Gift of the Eight Beatitudes

The Beatitudes (Mt. 5: 3-11) can be described as a "pen-portrait" of Jesus. Jesus is poor, He mourns with those who mourn, He is meek, merciful... and so on. The Beatitudes also describe His mother, Mary, who has certainly inherited a place in heaven beside her Son as a reward for her faith and suffering in her life on earth.

- Blessed are the poor in Spirit
   For theirs is the Kingdom of Heaven
- 2. Blessed are those who mourn For they will be comforted
- 3. Blessed are the meek

  They shall inherit the earth
- 4. Blessed are those who hunger and thirst for righteousness They shall be satisfied
- 5. Blessed are the merciful
  They will obtain (receive) mercy themselves
- 6. Blessed are the pure in heart They shall see God
- Blessed are the peacemakers
   They shall be called sons and daughters of God
- 8. Blessed are those who are persecuted for doing the right thing The Kingdom of Heaven shall be theirs

See if you can learn these off by heart." Or may be split it up and learn one line each day.

The Beatitudes perfectly describe Jesus. Colour in these words. Meek Poor Peacemaker Works for justice Pure in heart Mourns/cries Merciful Persecuted

# Sts. Basil the Great and Gregory Nazianzen

# Responsorial Psalm: Psalm 22(23)

The Lord is my shepherd: there is nothing I shall want.

The Lord is my shepherd; there is nothing I shall want. Fresh and green are the pastures where he gives me repose.

Near restful waters he leads me, to revive my drooping spirit.

He guides me along the right path; he is true to his name.

If I should walk in the valley of darkness

no evil would I fear.

You are there with your crook and your staff;

with these you give me comfort.

You have prepared a banquet for me

in the sight of my foes.

My head you have anointed with oil;

my cup is overflowing.

Surely goodness and kindness shall follow me

all the days of my life.

In the Lord's own house shall I dwell

for ever and ever.

The Lord is my shepherd: there is nothing I shall want.

## 2<sup>nd</sup> January, 9<sup>th</sup> Day of Christmas

#### Discussion on the reading

- H Light your Christmas candle
- → Make the Sign of the Cross
- Someone read the Psalm slowly, all join in with the antiphon



St. Basil the Great (330 - 379) was born into a Christian family and early on realised that Jesus was calling him to something special. At first, he was a hermit (lived alone away from people) but God had other plans for him. He was ordained bishop of Caesarea in Cappadocia, his home-town, and set out a rule for monks which is the basis for many monks in the Eastern rites of the Church. He argued against the heresy that said that Jesus was not God (Arianism).

**St Gregory Nazianzen** (330 - 389) came from Nazianzus and followed his friend Basil into the desert at first. However, he too was ordained a bishop, and like Basil was also a great theologian and taught that each person of the Holy Trinity is in Himself entirely God, the Father is fully God, the Son is fully God and the Holy Spirit is fully God.

The reading for today is the psalm at Mass and it reflects that bishops (such as these saints) are shepherds on earth, but that Jesus is the Good Shepherd who leads us to still waters – heaven.

Q: Where does the Good Shepherd lead us? (A: Green pastures, restful waters, the right path.)

Q: Who does the Good Shepherd represent? (A: Jesus.)

Q: What else does the Good Shepherd do? (A: Open – from the psalm.)

**Q:** What is a banquet? (A: A feast, party food.)

**Q:** What is the banquet that Jesus has prepared for us? (A: Eucharist/Holy Communion/heaven.)

Q: What is the Lord's own house that I shall dwell in for ever? (A: Heaven.)

Q: Today is the 9<sup>th</sup> day of Christmas and we think about the fruits of the Spirit that we have been given. They are listed below. Where does fruit grow? (A: On trees.)

Q: Today's saints were fruitful because they stayed close to Jesus and He was able to feed Him and lead them along the right path. How can we stay close to Jesus and be fruitful? (A: Open.)

# 2<sup>nd</sup> January; 9<sup>th</sup> Day of Christmas, Nine Ladies Dancing

# On the Ninth day of Christmas my true love gave to me, Nine Ladies Dancing...

#### 9. The Gift of Nine Fruits of the Spirit

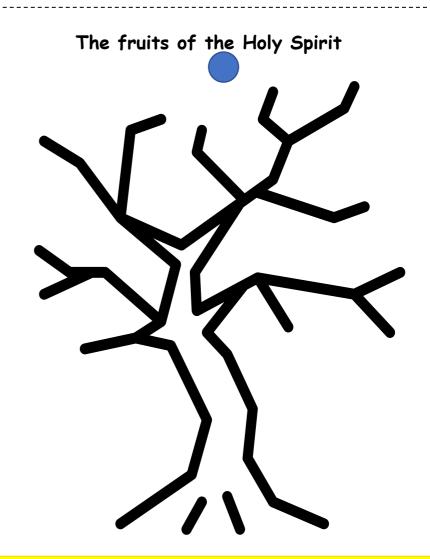
The gifts of the Holy Spirit makes us dance and shine for joy! When we receive the gifts and use them in our lives, we will bear fruit. The fruit of a tree is the whole reason that it grows because in the fruit there is the seed of new life. Only a tree that is growing in the right place and that has been "fed" correctly will grow and produce fruit. If you plant an apple tree in dry rocky soil, it's not going to give you apples.

So, when we feed on Christ by reading the Bible, and listening to our teachers, when we come to Mass and pray, and when we do as we are told, we are like fruit trees growing in the right place, and we will have good fruit.

These are the fruits of the Spirit as listed by St Paul in Galatians

5:22: Self-control Patience Love Peace Faithfulness Kindness Gentleness Generosity Joy

Draw different fruits on this tree and write or stick the different labels on them. You don't have to stick to the same fruit, mix them up, draw apples, bananas, oranges etc, Unlike trees, we all bear different fruits at different times!



Come Holy Spirit fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created, and thou shall renew the face of the earth.

# 3<sup>rd</sup> January; St Geneviève (c.420 - c.510) Patron saint of Paris

Geneviève was born near Paris. At that time France was not called France, but Gaul. In Britain at that time a man called Pelagius was teaching that Jesus did not die to save us from our sins, but that we have to earn our way inti heaven. This is completely wrong, and this teaching is now called the "Pelagian Heresy". However, at first a lot of people thought it was good - being strict Christian could earn heaven. (Sts.) Germanus and Lupus were on their way to Britain to tell people that Pelagius was wrong and stopped near Geneviève's home and she listened to them. She realised that Jesus was asking her to do something special for the people of Paris, but that she needed to pray a lot first.

At first, she lived at home but when her parents died, she moved into Paris. In 451, after the Romans left Gaul, Gaul was suffering attacks from Attila the Hun and the people of Paris were terrified of this new force of invaders. The Parisians got ready to run away, but Geneviève remembered the teaching of Germanus and Lupus. Running away was giving in, staying and praying, loving one another by God's grace and obeying the commandments would help them to trust in God's help.











Amazingly, Attila did not attack Paris but changed direction. However, shortly afterwards, Paris was laid siege by Mérovée and his successors, Childeric and Clovis. Geneviève's faith and loving respect of all people influenced the attackers, and they did not massacre (kill) the inhabitants of Paris. Clovis eventually became the first King of a united France and was baptised into the Catholic Church. Geneviève asked him to build a church dedicated to Sts. Peter and Paul. Although both Clovis and she both died before it was completed, her body was buried in that church and it quickly became a shrine to St. Geneviève. The Church had a turbulent history, reflecting the history of France but now her shrine is in the nearby church of Saint Etienne du Mont.

St. Geneviève shows us that our salvation does not depend upon working hard, but on loving one another as Jesus loves us. The Ten Commandments form the structure of a live of faith, but we can only obey them by the grace of God, not by our human strength alone.

We receive grace in all the sacraments - grace is a kind of power or ability to live as Jesus wants us to.

How is God's grace going to help you today?

# 3<sup>rd</sup> January; 10<sup>th</sup> Day of Christmas, Ten Lords-a-leaping

# On the Tenth Day of Christmas, my true love gave to me, Ten Lords-a-leaping...

#### 10. The Gift of the Ten Commandments

The 10 Lords leap for joy! The authors of the Old Testament were proud to have been given the Ten Commandments and the Law (see Deuteronomy 4:8), and rightly so. As parents we know that children who have clear boundaries are happier and more secure. So, the Ten Commandments give us boundaries in our lives. If you are not sure, read these Ten Commandments out as they are written, and then read the opposite and see the picture you create!

- 1. I am the Lord your God, and you shall have no other gods before me
- 2. You shall not take the name of your Lord God in vain
- 3. Remember to keep the Lord's Day holy
- 4. Honour your father and your mother
- 5. You shall not kill
- 6. You shall not commit adultery
- 7. You shall not steal
- 8. You shall not bear false witness against your neighbour
- 9. You shall not cover your neighbour's wife
- 10. You shall not covet your neighbour's goods

Put the correct number against these simplified versions of the Ten Commandments. The first one is done.
Killing people is wrong
Keep Sunday special by praying and going to Church
Be happy with what you have and don't be jealous of what other people have
I am the only God there is so don't worship anything else
Keep your marriage promises
Do not take anything that is not yours without asking
Don't tell lies about other people
Respect and obey Mum and Dad
Don't swear using God's name
Don't try to break up other people's friendships and relationships
"And what great nation is there that has such rules and commands as the Law that we have?" (Deut. 4:8).

# 4th January; 11th Day of Christmas, Eleven Pipers Piping

On the Eleventh Day of Christmas, my true love gave to me, Eleven pipers piping...

#### 12. The Gift of the Eleven Faithful Apostles

How wonderful that when Jesus died on the Cross, after Judas betrayed Him, the other Apostles stayed faithful, even though it seemed as if Jesus' mission had been a disaster! We will never truly know what went on in Judas' heart when he betrayed Jesus, but let's focus on those who carried on and in due time piped the tunes that Jesus had spoken - that is, went out and about teaching what they had heard from Jesus.

After Jesus ascended into heaven, the other Apostles chose a replacement for Judas, (Matthias) but in those weeks before then, the 11 remaining Apostles supported and encouraged each other at a really stressful time (See Acts 1:12-26).

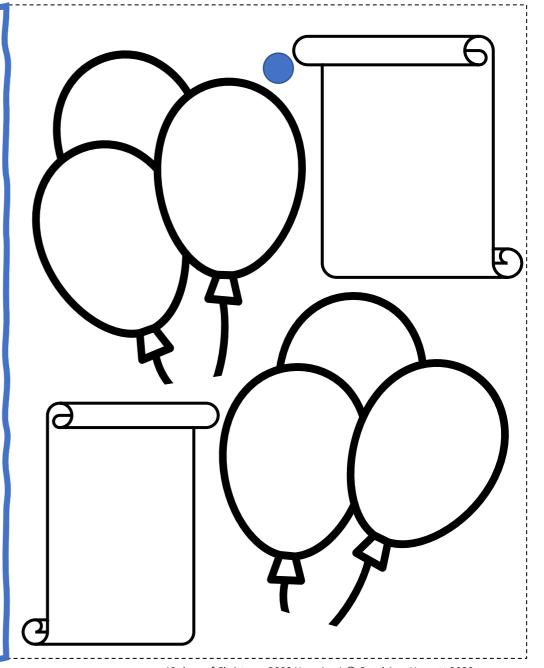
What could they have said to each other?

How could they have encouraged each other?

On the opposite page, write some encouraging words in the balloons which you could day to anyone who is upset, worried or frightened.

Then write your own prayer for someone who is unhappy in the scrolls.

"When they returned from Jerusalem... they went into the upper room... together with Mary... and devoted themselves to prayer" (Acts 1:12-14).



# 5<sup>th</sup> January; 12<sup>th</sup> Day of Christmas, Twelve Drummers Drumming

# On the Twelfth Day of Christmas, my true love gave to me, Twelve Drummers Drumming...

#### 12. The Gift of the Twelve articles of faith

God's gift of faith to us is truly life-saving. The faith we hold in Him is the path we need to take to be able to spend Eternal Life with Him in heaven. The Apostles' Creed proclaims these 12 articles, and the more we say this, the more the saving facts of Eternal Life are "drummed" into our minds.

Article 1: I believe in God, the Father Almighty, Creator of heaven and earth.

Article 2: And in Jesus Christ, his only Son, our Lord.

Article 3: Who was conceived by the power of the Holy Spirit and born of the Virgin Mary.

Article 4: He suffered under Pontius Pilate, was crucified, died, and was buried.

Article 5: He descended into hell. The third day he arose again from the dead. (This is not the hell of the damned, but the place of the dead who were waiting for Jesus to come and rescue them and take them into heaven with Him.)

Article 6: He ascended into heaven and is seated at the right hand of God the Father Almighty.

Article 7: He will come again to judge the living and the dead.

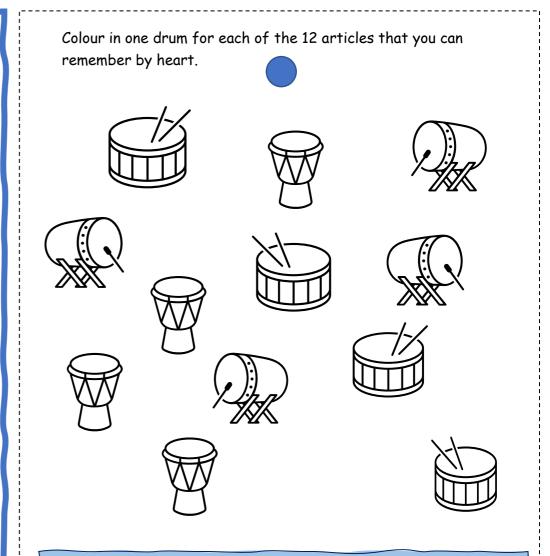
Article 8: I believe in the Holy Spirit,

Article 9: The Holy catholic Church, the Communion of Saints,

Article 10: The forgiveness of sins,

Article 11: The resurrection of the body,

Article 12: And in life everlasting. Amen



Whoever says "I believe" pledges themselves to what WE believe ... faith needs a common language which unites us all. (From the Catechism of the Catholic Church paragraph 185).

# Solemnity of Epiphany, the visit of the wise men

Gospel: Matthew 2:1-12

After Jesus had been born at Bethlehem in Judaea during the reign of King Herod, some wise men came to Jerusalem from the east. 'Where is the infant king of the Jews?' they asked. 'We saw his star as it rose and have come to do him homage.' When King Herod heard this he was perturbed, and so was the whole of Jerusalem. He called together all the chief priests and the scribes of the people and enquired of them where the Christ was to be born. 'At Bethlehem in Judaea,' they told him '...

Then Herod summoned the wise men to see him privately. He asked them the exact date on which the star had appeared and sent them on to Bethlehem, 'Go and find out all about the child,' he said 'and when you have found him, let me know, so that I too may go and do him homage.' Having listened to what the king had to say, they set out. And there in front of them was the star they had seen rising; it went forward and halted over the place where the child was. The sight of the star filled them with delight and going into the house they saw the child with his mother Mary, and falling to their knees they did him homage. Then, opening their treasures, they offered him gifts of gold and frankincense and myrrh. But they were warned in a dream not to go back to Herod and returned to their own country by a different way.

The Gospel of the Lord,

Praise to you Lord Jesus Christ.

## **6**<sup>th</sup> January; the Solemnity of the Epiphany

#### Discussion on the visit of the wise men

- Light your Christmas candle
- **†** Make the Sign of the Cross
- Read the explanation below and then read the second reading from today's Mass.

Twelfth night was last night — maybe you have taken your decorations down, or maybe they are still up (I like to keep them up until the Baptism of the Lord next Sunday, and the crib up until the feast of the presentation in the Temple). Epiphany is about when the infant Christ was shown to the world — Jesus came not only for the Jews, the chose people, but for us all, and today, we celebrate that wonderful aspect of our faith — no-one is excluded.

There is an art reflection following these notes to do as well/or instead of these questions.

**Q:** How many kings are mentioned in this story? (A: Two – King Herod and the "Infant King" [Jesus]. Note, we do not know how many "wise men" there were – only three gifts are mentioned.)

**Q:** Why was King Herod worried when the wise men arrived? (A: He thought that Jesus was going to replace him as king.)

Q: What led the wise men to the house where Jesus was? (A: A star.)

**Q:** What did the wise men do when they entered the house where Jesus was?? (A: They fell to their knees and did Him homage [worshipped Jesus].)

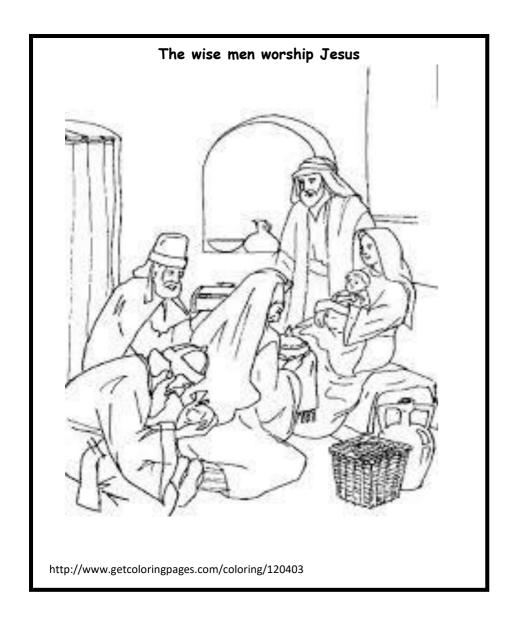
Q: What did the wise men give to Jesus? (A: Gifts of gold, frankincense, and myrrh.)

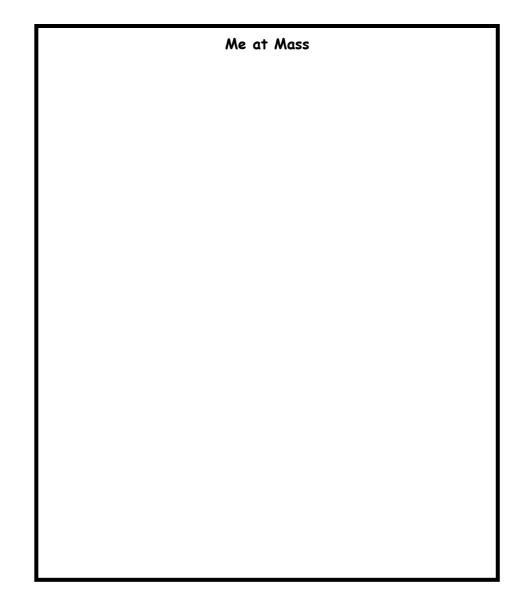
**Q:** When do we fall on our knees and worship Jesus? (A: At Mass when the priest lifts up the Host during the consecration.)

**Q:** What gifts can we give to Jesus? (A: Open – our love/kindness/obedience....)

Q: When we go into a Catholic church, we can look for the sanctuary lamp, which is a light burning to show that is Jesus is present in the tabernacle as the consecrated hosts. Learn this prayer by heart so that you can say it quietly next time you go into a church.

O Sacrament most Holy, O Sacrament Divine, All praise and all thanksgiving, Be every moment Thine. Either colour in this picture of the wise men worshipping Jesus or draw yourself at Mass kneeling during the consecration when the priest lifts up the host and chalice.





#### Thursday 6th January - Epiphany

We can use art to think about the meaning of this great feast, which is at the end of the 12 days of Christmas. On the next page is a picture by Gentile Da Fabriano. This is an altar piece, painted to go behind the altar. When this was painted, altars were against the East wall of the church, and the priest faced East so was facing the same way as everyone else. (Church Tradition is that when Jesus comes again, He will come from the East, so Mass was always said with everyone, not just the congregation, facing East, looking for Christ to come again.) Let's think about this picture helps us to understand the Eucharist (Holy Communion).

Here are some discussion points about this picture which will help you to understand the mystery of who Jesus is.

- Before we look at the three "kings" let's just look at the light in this picture. Half close your eyes and squint at the picture. List all the bright spots you can see; (A: The gold, especially the star above Joseph's head and the light coming down from it to baby Jesus.)
- Why do you think that this is the brightest part of the picture? (A: Because Jesus is the light of the world and this picture reminds us of that.)
  - The three "kings" or "Wise men" are of different ages; what is the youngest one doing? (A: He's standing up, holding out his gift, and he's still wearing his crown.)
  - What is the middle one doing? (A: He's started to remove his crown, started to bow, and has started to offer his gift.)
  - What is the oldest one doing? (A; He's on the ground kneeling and kissing Baby Jesus' feet.)
  - What has happened to the oldest one's crown and beautiful robe? (A: They are on the ground.)
  - What might this mean? (A: That the oldest wise man considers that worshiping Jesus is more important than any worldly riches.)
  - When do we get on our knees and worship Jesus? (A: At Mass.)
  - Look how the oldest wise man is taking Jesus' flesh to His lips. When do we take Jesus's flesh to our lips? (A: When we receive Him in Holy Communion.)

The wise men followed the star and went on a long journey to find Jesus – think about how as a family you can search for Jesus this coming year.



# 8<sup>th</sup> January The Feast of the Baptism of the Lord

#### Gospel for the Baptism of the Lord Year A Matthew 3:13-17

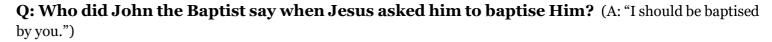
Jesus came from Galilee to the Jordan to be baptised by John. John tried to dissuade him. 'It is I who need baptism from you' he said 'and yet you come to me!' But Jesus replied, 'Leave it like this for the time being; it is fitting that we should, in this way, do all that righteousness demands.' At this, John gave in to him. As soon as Jesus was baptised he came up from the water, and suddenly the heavens opened and he saw the Spirit of God descending like a dove and coming down on him. And a voice spoke from heaven, 'This is my Son, the Beloved; my favour rests on him.'

The Gospel of the Lord
R/: Praise to you Lord
Jesus Christ

### Liturgy of the word on the Gospel

- ♣ Light a candle
- → Make the Sign of the Cross
- ♣ Someone read the Gospel slowly

Discuss these questions together or do the activity below with the picture (or both).



**Q:** Why does John the Baptist say that? (A: Because he recognises that Jesus is more important than he is.)

**Q:** What happened when Jesus came up out of the water? (A: The Holy Spirit who looked like a dove appeared.)

Q: When we are baptised, the priest says "N. I baptise you in the name of the Father and of the Son and of the Holy Spirit. When do we used these words? (A: when we make the Sign of the Cross.)

**Q:** What happens to a person when they are baptised? (A: They are joined to Jesus and to the Church. Their sins are wiped away and they are filled with the Holy Spirit who gives all the grace that is needed to love Jesus. They are also given special gifts (virtues) of faith hope and love and above all, they are given the Holy Spirit so that they can live as Jesus wants them to live.)

Q: What was the Father heard to say from heaven? (A: This is my Son....)

**Q:** What do you think God the Father says to us when we are baptised? (A: You are my son/daughter, my favour rests on you (which means, I love you and have chosen you to be a child of mine).

Let us make the Sign of the Cross very slowly and say thank you to God for the gift of Baptism.

If you can have a bowl of holy water, invite the children to dip their finger into it and slowly make the Sign of the Cross with the holy water.



#### **Baptism of Christ, Fra Angelico**

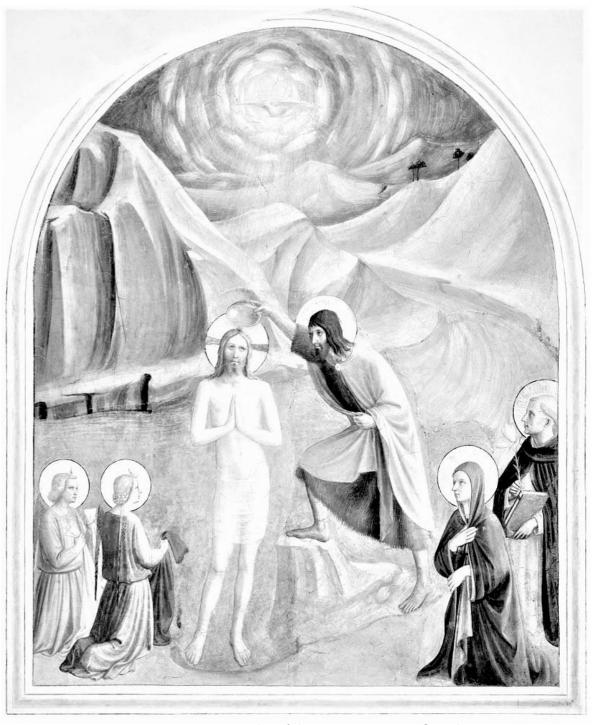
On the next page is a copy of the painting by the dominican, Fra Angelico of the Baptism of Christ. As you go through the notes, colour in the grey picture so that it matches the one in colour.

- Note that Jesus is already very white. This is to remind us of something white that the priest holds up at Mass.

  What? (A: The Sacred Host which is Jesus, that those who have made their First Holy Communion will receive) Draw the outline of Jesus more clearly.
- Note that in Jesus' halo we can see a part of a cross, which is red. Why is there a cross in His halo? (A: To show that He came to die on the Cross). Colour in the lines of the cross red.
- John the Baptist is reaching up to pour the water over Jesus' head. What does this tell us about John the Baptist? (A: That he was shorter. John the Baptist said that Jesus must grow greater and he smaller. John the Baptist meant that Jesus' importance must grow greater, but artists temd to show this by phystical size). Colour in John the Baptist. What colour is he wearing? (A: Red, which is the colour of Christ's passion and a sign of humility). Why do you think that John the Baptist is wearing red? (A: because he was a martyr (he died for Christ) and because he was humble he recognised that Jesus is more important than he is.)
- The Often bare rocks are used in Sacred Art to show sin. Why do you think that Fra Angelico has painted the scenery so bare and rocky? (A: to show that Jesus came to save the world from sin). Colour in the rocks.
- The Holy Spirit is coming from a hole in the sky formed by the clouds. What line in the Gospel passage is this depicting/showing? (A: The heavens were opened) Colour in the sky and the clouds.
- There is no image of the Father because the Father is Spirit (He is not an old man sitting on a cloud). The clouds in a circle are a bit like a mouth. What does the Father say? (A: This is my Son....)
- The water is curving around from just underneath the dove (the Holy Spirit). Why do you think that Fra Angelico has painted it this way? (A: Because the water is a symbol of the Holy Spirit and it's also a symbol of life. All life comes from the Father). Colour in the water.
- In the front are two people on the right. They are St. Dominic and St. Catherine of Siena, who were dominicans. Fra Angelico was a dominican and he painted this picture to go on the wall of a cell for the dominicans in Florence. He has included them to show that we need to keep looking at Jesus as they are. May be if you have time you can find out about St. Dominic and send your findings to the parish office. Colour in these people.

In the front left are two figures which are normally undertood as angels, holding Jesus' clothes. One holds a dark garment and one a light garment. When this picture was painted it was normal for the person who was baptised to change their clothes after Baptism, so instead of wearing white at the beginning, a baby (or child, or adult) would wear something dark and then after Baptism would take it off and put on something white. Today, the priest usually wraps a white shawl over the newly baptised person. Can you find out what happened when you were baptised? Colour in the angels holding the garments.





12 days of Christmas 2022 Year A v.1 © Carol Ann Harnett 2022