



# St. Joseph's Parish



## Family Activity Sheet



1<sup>st</sup>-7<sup>th</sup> November 2020

### Introduction:

As we enter into the month of November, we always have a special concern to pray for the Holy Souls – those of our families and friends who have died.

*There are Four Dimensions of the Faith which we can put around the cross, making sure that Jesus Christ is the centre of everything we do:*

Speaking/Learning the faith  
(which the Church calls  
"professing the faith")

Celebrating it in the liturgy  
and the sacraments




Living it (in Christ) – i.e. the  
choices we make in everyday  
life

Christian prayer.

These notes will use these colours to show the balance of activities – some of course reflect more than one dimension of the faith, but over the month, try to pick a variety of activities.


We would love any pictures of you doing these activities! If you have any, please send to the parish office. By sending them to the office please state if you are happy for them to be included in the newsletter (which is emailed to everyone and put on the website) and/or the parish Facebook page

Date	Feast/memorial	Activity
<p>1<sup>st</sup> November</p>	<p style="text-align: center;"><b><u>All Saints Day</u></b>  <b><i>Gospel: Matthew 5:1-12</i></b>  <i>Seeing the crowds, Jesus went up the hill. There he sat down and was joined by his disciples. Then he began to speak. This is what he taught them:</i>  <i>'How happy are the poor in spirit;  theirs is the kingdom of heaven.  Happy the gentle:  they shall have the earth for their heritage.  Happy those who mourn:  they shall be comforted.  Happy those who hunger and thirst for what is right:  they shall be satisfied.  Happy the merciful:  they shall have mercy shown them.  Happy the pure in heart:  they shall see God.  Happy the peacemakers:  they shall be called sons of God.  Happy those who are persecuted in the cause of right:  theirs is the kingdom of heaven.  'Happy are you when people abuse you and persecute you and speak all kinds of calumny against you on my account. Rejoice and be glad, for your reward will be great in heaven.'</i></p>	<p style="text-align: center;"><b><u>Family reflection on the Gospel:</u></b>  <i>The translation we hear at Mass says "happy" but traditionally the word is "blessed". To be blessed is to be happy. When we are blessed by God we are filled with His deep joy which is not dependent upon "things."</i></p> <div style="text-align: right; margin-bottom: 10px;">  </div> <ul style="list-style-type: none"> <li>• Light a candle</li> <li>• Someone read this Gospel passage out loud</li> </ul> <p>Discuss together some of these questions (depending upon the age profile of the family)</p> <ul style="list-style-type: none"> <li>• Who is Jesus talking to?</li> <li>• Who does He describe as happy?</li> <li>• Who has the kingdom of heaven as their reward?</li> <li>• Who will be comforted? (who will be doing the comforting?)</li> <li>• Who will be satisfied?</li> <li>• Why?</li> <li>• Think about the people we know who smile a lot, who don't complain, and who are good and kind to other people.</li> <li>• Say a prayer for these people as they are the ones whom Jesus is blessing.</li> <li>• Ask the Holy Spirit to help us to be happy and positive even when things are difficult.</li> </ul>

<p>2<sup>nd</sup> November</p>	<p style="text-align: center;"><b><u>All Soul's day</u></b></p> <p>Today we pray for all our family members and friends who have died</p>	<ul style="list-style-type: none"> <li>• Write a list of people who have died that we would like to pray for.</li> <li>• Depending upon how many names there are, you could read them out and either pray a "Hail Mary" for each person, or after each name, say "Lord have mercy on him/her"</li> <li>• Finish by saying: <i>Eternal Rest give unto them O Lord, may they rest in peace, Amen.</i>" and make the Sign of the Cross.</li> <li>• Make sure that you put a copy of this list in an envelope to be put under the Altar at Mass.</li> </ul>
<p>4<sup>th</sup> November</p>	<p style="text-align: center;"><b><u>St. Charles Borromeo</u></b></p> <p>St. Charles was a nephew of the Pope and was made a cardinal when he was only 21. He was expected to live like a lord in a castle, but instead he worked very hard in Milan in Italy teaching the faith and training men to be good priests. He also helped with writing the first Catechism of the Church in 1566.</p> <p><i>St. Charles Borromeo is one of the saints featured on the reredos at the back of the Church. He is in red and is facing to the left.</i></p>	<ul style="list-style-type: none"> <li>• Ask St. Charles Borromeo to pray for Jithin and all those men who are training to be priests.</li> <li>• Pray for all those who are called Charles, Karol, Carol, Caroline, Charlie etc.</li> </ul> <p>How many words with at least three letters, can you make out of the letters of:</p> <p style="text-align: center;"><b>SAINT CHARLES BORROMEO</b></p> <p style="text-align: center;"><i>How many of these words reflect good/kind and loving actions?</i></p>

<p>7<sup>th</sup> November</p>	<p align="center"><b>Saturday memorial to Our Lady</b></p> <p>If there is no feast or memorial on a Saturday, the Church likes to think about what Mary our blessed mother did for us in accepting to become the Mother of God.</p>	<p align="center"><b><u>Learn to pray the Hail Holy Queen by heart.</u></b></p> <p>Hail, Holy Queen, Mother of Mercy, our life, our sweetness and our hope! To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears! Turn, then, O most gracious Advocate, thine eyes of mercy toward us, and after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.</p> <p>V. Pray for us, O holy Mother of God. R. That we may be made worthy of the promises of Christ.</p>
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**Christmas picture competition**

This is advanced warning, but you may like to use half term to begin to think about this. We would love to decorate the Narthex with your pictures/paintings/drawings of the Christmas story. Choose a part of the story that is in Luke or Matthew's Gospels (Luke 1:26-2:20, Matthew 1:18-2:23) and create a picture (not a model) to illustrate it. You can use any medium, paint, pencil, pen, crayon, collage etc, or a mixture. All pictures submitted will be put on display and there will be prizes for the different age categories, including an adult section. Submission must be no later than after midday on 6<sup>th</sup> December. More details later.



**Remember, any pictures or prayers, would be lovely to have for the parish newsletter. Just email copies or photos of them to the office.**